



Specialty Surgery Center
322 22nd Avenue North
Nashville, TN 37203
(615) 321-6161 • (800) 669-8852

POST-ANESTHETIC INSTRUCTIONS FOR DENTAL REHAB

IMPORTANT INFORMATION:

1. **Your child will be tired and somewhat sleepy for the rest of the day.**
2. **It is best for them to relax and not do anything strenuous for the rest of the day.**
3. **THEY SHOULD NOT ATTEND SCHOOL FOR THE REMAINDER OF THE DAY AFTER THEIR ANESTHETIC. YOU CHILD SHOULD HAVE SOMEONE TO CARE FOR HIM/HER AT HOME.**
4. **Your child may start drinking cool, clear fluids (e.g. water, apple juice) when they get home. They may lose some liquid in their mouth if their lip or tongue is numb. If their stomach tolerates this, they may eat soft foods (e.g. yogurt, toast). Continue soft food for the rest of the day.**
5. **Your child may have a sore throat or nose, which generally will subside within 48 hours.**
6. **Your child may feel nauseated or vomit anytime for the rest of the day.**
7. **Your child may have pain and/or bruising at their IV site, which should subside in a few days.**
8. **If your child had local anesthesia as well, watch carefully to prevent your child from biting their lips.**
9. **If your child has had a tooth pulled, a minimal amount of bleeding may be expected. The blood will mix with saliva (spit) and seem like a lot of bleeding.**
10. **Your child may take acetaminophen (Tylenol) or ibuprofen (Motrin) for pain as needed, unless your child is allergic to one of the medications. The dose is the same as for fever.**
11. **IF YOUR CHILD IS HAVING SERIOUS ANESTHESIA RELATED PROBLEM, SUCH AS BREATHING PROBLEMS, PROCEED TO THE NEAREST EMERGENCY DEPARTMENT. DURING REGULAR OPERATING HOURS CALL SCC at 615-321-6161 OR 800-669-8852 AND ASK FOR THE RECOVERY ROOM NURSE WHO WILL CONTACT YOUR ANESTHESIOLOGIST. ALL CONCERNS RELATED TO DENTAL SURGERY MAY BE DIRECTED TO YOUR DENTIST.**

Parent/Guardian Signature: _____ Relationship: _____